

**NOKADO SCHOOL OF SELF DEFENSE - COMMACK DOJO 543-5156 www.nokado.com**

**March 2010**

| SUNDAY    | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY  |
|-----------|--|--|--|---|---|---|
|           | <b>1</b><br>4:30 PM Kids ( <b>w-g</b> )<br>5:30 PM <b>BBCL (o-bl)</b><br>6:30 PM Kids (bl-bk)<br>7:30 PM Adults  | <b>2</b><br>4:00 PM Kids (br-bk)<br>5:00 PM Kids (w-y)<br>6:00 PM Kids (o-bl)<br>7:00 PM Adults  | <b>3</b><br>4:30 PM Kids (w-y)<br>5:30 PM Kids (o-bl)<br>6:30 PM Kids (br-bk)<br>7:30 PM Adults  | <b>4</b><br>4:00 PM Kids (br-bk)<br>5:00 PM Kids (w-y)<br>6:00 PM Kids (o-bl)   | <b>5</b>  | <b>6</b><br>9:00 AM Kids (w-g)<br>10:00 AM Kids (bl-bk)<br>10:45 AM Adults  |
| <b>7</b>  | <b>8</b><br>4:30 PM Kids ( <b>w-g</b> )<br>5:30 PM <b>BBCL(bl-bk)</b><br>6:30 PM Kids (bl-bk)<br>7:30 PM Adults  | <b>9</b><br>4:00 PM Kids (br-bk)<br>5:00 PM Kids (w-y)<br>6:00 PM Kids (o-bl)<br>7:00 PM Adults  | <b>10</b><br>4:30 PM Kids (w-y)<br>5:30 PM Kids (o-bl)<br>6:30 PM Kids (br-bk)<br>7:30 PM Adults | <b>11</b><br>4:00 PM Kids ( <b>bl-bk</b> )<br>5:00 PM Kids ( <b>w-g</b> )<br><div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 5px auto;"> <b>Sho Dan Test<br/>Kings Park<br/>6:30 PM</b> </div> | <b>12</b>   | <b>13</b><br>9:00 AM Kids (w-g)<br>10:00 AM Kids (bl-bk)<br>10:45 AM Adults   |
| <b>14</b> | <b>15</b><br>4:30 PM Kids ( <b>w-g</b> )<br>5:30 PM <b>BBCL (o-bl)</b><br>6:30 PM Kids (bl-bk)<br>7:30 PM Adults   | <b>16</b><br>4:00 PM Kids (br-bk)<br>5:00 PM Kids (w-y)<br>6:00 PM Kids (o-bl)<br>7:00 PM Adults   | <b>17</b><br>4:30 PM Kids (w-y)<br>5:30 PM Kids (o-bl)<br>6:30 PM Kids (br-bk)<br>7:30 PM Adults | <b>18</b><br>4:00 PM Kids (br-bk)<br>5:00 PM Kids (w-y)<br>6:00 PM Kids (o-bl)  | <b>19</b>   | <b>20</b><br>9:00 AM Kids (w-g)<br>10:00 AM Kids (bl-bk)<br>10:45 AM Adults<br><div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 5px auto;"> <b>BBCL Makeup<br/>Class<br/>12 noon</b> </div> |
| <b>21</b> | <b>22</b><br>4:30 PM Kids ( <b>w-g</b> )<br>5:30 PM <b>BBCL(bl-bk)</b><br>6:30 PM Kids (bl-bk)   | <b>23</b><br>4:00 PM Kids (br-bk)<br>5:00 PM Kids (w-y)<br>6:00 PM Kids (o-bl)<br>7:00 PM Adults   | <b>24</b><br>4:30 PM Kids (w-y)<br>5:30 PM Kids (o-bl)<br>6:30 PM Kids (br-bk)<br>7:30 PM Adults | <b>25</b><br>4:00 PM Kids (br-bk)<br>5:00 PM Kids (w-y)<br>6:00 PM Kids (o-bl)  | <b>26</b><br><div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 5px auto;"> <b>Adult<br/>Grappling<br/>Class 6:30 PM</b> </div> | <b>27</b><br>9:00 AM Kids (w-g)<br>10:00 AM Kids (bl-bk)<br>10:45 AM Adults   |
| <b>28</b> | <b>29</b><br>4:30 PM Kids ( <b>w-g</b> )<br>5:30 PM <b>BBCL (o-bl)</b><br>6:30 PM Kids (bl-bk)<br>7:30 PM Adults<br><div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 5px auto;"> <b>Staff Meeting<br/>KP Dojo 7:30 PM</b> </div> | <b>30</b><br><div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 5px auto;"> <b>Passover<br/>Dojo Closed</b> </div> | <b>31</b><br>4:30 PM Kids (w-y)<br>5:30 PM Kids (o-bl)<br>6:30 PM Kids (br-bk)<br>7:30 PM Adults |   |   |   |

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